



Life path evening by the fire

AT A GLANCE



Place

Outdoors by the fire or indoors with candles



Key idea

Reflecting on your own life path and discovering God's traces



Effort

Materials 5 min · Preparation 15 min



120 minutes



4–12 scouts



from 16 years



calm and personal



Materials

- ☐ paper in landscape format and pens
- ☐ tea and something to eat
- ☐ tea lights
- ☐ Bible (Psalm 23)
- ☐ fire or candles



Schedule

- | | |
|-----------------|--|
| 0–15' | Arrival – Sit by the fire, a song, ground rules: everything is voluntary, and what is said here stays here. |
| 15–45' | Life line – Everyone silently draws their own life line with highs and lows. |
| 45–75' | Sharing in pairs – In pairs, tell what you want to share. |
| 75–100' | Devotion – Psalm 23: even in the darkest valley you are with me. |
| 100–120' | Closing – Light a tea light for every low point that is okay to name. Blessing. |



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How it works – simply explained

- 1 Draw a line from left (birth) to right (today).
- 2 High points: good experiences. Low points: hard times.
- 3 Add key words.
- 4 Think: Where was God – or where did you miss him?
- 5 Only share what you want to share.

 **Example:** "My high point was my first camp at 9. A low point was moving house. The group helped me to settle in."

Safety

- Agree clearly on voluntariness and confidentiality.
- Leaders remain available if someone is struggling.
- For serious problems, refer to professional help (e.g. Samaritans 116 123 in the UK and Ireland, 988 in the US, or your national helpline).

Variations

- Instead of a life line: a letter to yourself in ten years' time.

Something to think about

Looking back, where have you seen traces of God?