



Nature mandala – a work of art from the woods

AT A GLANCE



Place

Outdoors: woods, park or meadow



Key idea

Collecting, wondering and creating a work of art together



Effort

Materials 5 min · Preparation 5 min



45 minutes



6-12 children



4-6 years



any season



Materials

- ☐ a long rope (as a circle on the ground)
- ☐ a phone or camera for a photo
- ☐ small buckets or baskets for collecting
- ☐ wet wipes for cleaning hands



Schedule

0-5'

Arrival – Welcome in a circle and lay the rope on the ground as a big circle.

5-20'

Treasure collecting – Tasks: Find something red, something round, something soft, something long!

20-35'

Making the mandala – Together, lay things from the centre outwards: first a stone, then rings of leaves, cones, twigs.

35-40'

Devotion – Short thought: God made everything beautiful – and you too.

40-45'

Photo and closing – Group photo around the mandala, clean hands, say goodbye.



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How it works – simply explained

- 1 Every child gets a little basket.
- 2 The leader calls out a colour or shape, and everyone searches.
- 3 A beautiful stone lies in the middle of the circle.
- 4 Taking turns, each child adds their finds to the ring.
- 5 At the end, everyone stands around it and admires it.

 **Example:** “Look, Lina has found a really red leaf! Where should it go – in the first ring or the second?”

Safety

- Do not put anything in your mouth: no berries, no mushrooms.
- Only collect things lying on the ground – do not pull anything off.
- Clean hands after collecting.

Variations

- Autumn: colourful leaves. Winter: cones and twigs. Indoors: buttons and building blocks.

Something to think about

What was your most beautiful find?