



Painting courage stones

AT A GLANCE



Place

Indoors, at tables



Key idea

Being creative and remembering David's courage



Effort

Materials 10 min · Preparation 15 min



45 minutes



4–12 children



4–6 years



crafts



Materials

- ☐ smooth stones (1–2 per child)
- ☐ poster paint or acrylic paint
- ☐ brushes and water pots
- ☐ newspaper to cover tables
- ☐ old T-shirts as aprons
- ☐ devotion “Little David and the big giant” (Little ones)



Schedule

- | | |
|---------------|--|
| 0–8' | Devotion – David and Goliath: with God I am brave. |
| 8–33' | Painting – Every child paints their courage stone: a heart, a face, favourite colours. |
| 33–40' | Drying and tidying up – Stones onto the windowsill, tidy up together. |
| 40–45' | Closing – Every child holds their stone: “When I am afraid, my stone reminds me: God is with me.” |



Painting courage stones

How it works – simply explained

- 1 Every child gets a smooth stone.
- 2 You paint something that gives you courage.
- 3 When the stone is dry, you take it home.
- 4 When you are afraid, you hold it in your hand.

 **Example:** "Your stone is all blue with a yellow star. It will fit nicely in your jacket pocket!"

Safety

- Do not put paint in your mouth; wash hands afterwards.
- Only use non-toxic children's paints.
- Stones big enough that they cannot be swallowed (bigger than a walnut).

Variations

- Write names on the stones and lay them out in the church garden.

Something to think about

When do you need lots of courage?