



Join-in story: a journey through the woods

AT A GLANCE



Place

Indoors, sitting in a circle



Key idea

Listening and joining in with movements and sounds



Effort

Materials 0 min · Preparation 10 min



45 minutes



4–15 children



3–6 years



no materials



Materials

- ☐ the story below
- ☐ optional: chime bar or rattle
- ☐ optional: cloths as wind or water



Schedule

0–5'

Arrival – Sit in a circle and practise all the movements once.

5–20'

Story – The leader tells the story and everyone joins in with the movements.

20–30'

Again, faster – The story once more – this time a bit faster.

30–40'

Devotion – God is with us on every path (Psalm 139:5).

40–45'

Closing – Creep home very quietly, like little mice.



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How it works – simply explained

- 1 We stomp through the long grass – *rub your hands together*.
- 2 We wade through the stream – *splash, splash with your hands on your knees*.
- 3 We climb over a tree trunk – *legs up and down*.
- 4 The wind rustles in the trees – *blow and wave your arms*.
- 5 An owl calls – “*twit-twoo!*” – and we run back quickly: tree trunk, stream, grass ... and we are home!

 **Example:** “Oh, what’s that? A stream! We have to go through it. Splash, splash, splash ... Brrr, it’s cold!”



Safety

- Enough space in the circle so nobody gets hit.
- Announce the loud parts – some children get startled.



Variations

- Outdoors, really walk through the stations.
- The children invent their own station.



Something to think about

What was the best part of our journey?