



Feely box – discovering God's world with our hands

AT A GLANCE



Place

Indoors, sitting in a circle



Key idea

Feeling and guessing natural objects and marvelling at how richly God made the world



Effort

Materials 10 min · Preparation 15 min



45 minutes



6–12 children



3–6 years



with all the senses



Materials

- ☐ a cardboard box with two hand holes (or a cloth bag)
- ☐ a cloth to cover things
- ☐ natural objects: cone, smooth stone, moss, feather, conker, bark, apple
- ☐ pieces of fruit to taste (ask about allergies first)



Schedule

0–5'	Arrival – Welcome song with actions: point to hands, feet, ears and nose.
5–20'	Feely box – One child after another reaches into the box: is it soft, hard, rough, smooth? What could it be?
20–30'	Tasting – Taste a piece of fruit with eyes closed and guess.
30–40'	Devotion – "Taste and see that the Lord is good!" (Psalm 34:8) – God gave us hands, eyes, ears, a nose and a mouth so that we can discover his world.
40–45'	Closing – Each child says: Thank you, God, for my hands – or my nose, my ears ...



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How it works – simply explained

- 1 Put an object into the box without the children seeing it.
- 2 A child reaches in and describes it: soft, hard, cold, prickly?
- 3 The others guess, and only then is the object shown.
- 4 For tasting: eyes closed, try a small piece.
- 5 Every child may, no child must – anyone who does not want to reach in can watch.

 **Example:** "Oh, that is really soft and tickly! What do you think – is it a feather? God even made something as light as that."



Safety

- Nothing sharp, poisonous or small enough to swallow in the box; with under-threes be especially careful about small parts.
- Ask about allergies and intolerances before tasting.
- Wash hands after feeling.



Variations

- Sound puzzle: shake things behind a cloth and guess.
- Smell jars with cinnamon, lemon and lavender.



Something to think about

What in God's world do you like touching most?