



New every morning

AT A GLANCE



Bible

Lamentations 3:22–23



Topic

A new start is possible



Takeaway

Leaving burdens behind



8 minutes



Object: slips of paper, pens and a waste-paper basket



Preparation: 5 min



indoors or outdoors



Make it personal: In two sentences, share something you have experienced yourself on the topic “A new start is possible”. Real stories stick best.



How the devotion works

1 min

Opening

Everyone quietly writes something on a slip of paper that should stay in the old year. Nobody reads it.

2 min

Bible text

Read Lamentations 3:22–23: Because of the LORD’s great love we are not consumed, for his compassions never fail. They are new every morning.

3 min

Thought

This sentence stands in the middle of a book full of grief. Hope does not come because everything is fine, but because God’s goodness begins anew every morning. You do not have to drag everything from the old year with you.

2 min

Conversation

Crumple up your slips and throw them away. What do you want to take with you instead?



New every morning



Prayer to read aloud

God, your goodness is new every morning. Take what weighs me down and give me a real new beginning. Amen.



To think further

- Which New Year's resolutions are realistic – and which just create pressure?



For leaders

- Never put young people on the spot: ask open questions, nobody has to answer.
- Let one of the young people read the Bible text aloud.
- Encourage them to say the prayer themselves – the written prayer gives confidence.



Section: Holidays and occasions. You will find matching group meetings and more devotions at scouts-cloud.com.