



Down from the mountain into the valley

AT A GLANCE


Bible

Mark 9:2–9


Topic

What goes from camp into everyday life


Takeaway

God goes with me not only at camp but also back into everyday life



8 minutes



Object: a fully packed rucksack



Preparation: 5 min



indoors or outdoors



Make it personal: In two sentences, share something you have experienced yourself on the topic "What goes from camp into everyday life". Real stories stick best.



How the devotion works

1 min

Opening

Put the packed rucksack in the middle. Ask: What was your "mountaintop moment" at this camp – and what are you looking forward to at home, and what not so much?

2 min

Bible text

Jesus takes Peter, James and John up a high mountain. There they suddenly see him in dazzling light, and God says: "This is my Son, whom I love. Listen to him!" Peter is overwhelmed: "It is good for us to be here! Let us put up three shelters." He wants to stay. But then they go back down the mountain with Jesus – below, the other disciples are waiting, many people and a father with a sick son.

3 min

Thought

We understand Peter well: after an intense time you want to hold on to the feeling. But the summit was not the goal; it was a source of strength for the valley. Jesus goes down with them – he does not stay on the mountain. What you experienced at camp with God and the group, you can take with you: to school, to your family, into your friendships. Think about it: what do we "pack" from camp into our everyday rucksack?

2 min

Conversation

What would you like to take from this camp into your everyday life?



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Prayer to read aloud

Jesus, thank you for the mountaintop moments at this camp. Thank you that you go with us into the valley. Help us to take the good with us. Amen.

To think further

- Why is the step back into everyday life often so hard?
- How can we help each other as a group to keep going?

For leaders

- Never put young people on the spot: ask open questions, nobody has to answer.
- Let one of the young people read the Bible text aloud.
- Encourage them to say the prayer themselves – the written prayer gives confidence.

 **Section:** Holidays and occasions. You will find matching group meetings and more devotions at scouts-cloud.com.