



Fruit of the Spirit – a camp week

THE SERIES AT A GLANCE

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7 days of 8 minutes

Discovering what God's Spirit makes grow in us (Galatians 5:22–23)

Preparation: 5 min

How to use the series: One devotion a day – ideal for a camp week, a holiday club or seven meetings. At the start, briefly recall the day before.

1 Part 1: Love

Bible: 1 Corinthians 13:4–7

Paul describes love: “Love is patient, love is kind. It does not boast, it is not self-seeking, it keeps no record of wrongs.” For God, love is not a feeling that comes and goes, but a decision that shows in everyday life – at camp too, when someone gets on your nerves.

Question: Who in the group could you show love to today without anyone noticing?

Prayer: *God, you are love. Let your love grow in me, especially towards people who make it hard for me. Amen.*



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2 Part 2: Joy

Bible: Philippians 4:4

Paul writes from prison: "Rejoice in the Lord always!" Joy that comes from God does not depend on the weather or the camp food. It grows from knowing: I am loved, and God is there.

💬 **Question:** What have you already been happy about today?

🙏 **Prayer:** *Jesus, thank you for the joy you give. Let it grow in me, even on grey days. Amen.*

3 Part 3: Peace

Bible: John 14:27

Jesus says: "Peace I leave with you; my peace I give you. Do not let your hearts be troubled." His peace is more than quiet – it is a heart that is safe with God. Whoever has this peace can pass it on when there is conflict.

💬 **Question:** Where do you need peace – inside yourself or with someone else?

🙏 **Prayer:** *Lord Jesus, give me your peace and make me someone who makes peace. Amen.*

4 Part 4: Patience

Bible: Colossians 3:12–13

Paul writes: "Clothe yourselves with patience – bear with each other and forgive one another." At camp you soon find out how patient you are: doing the washing-up, putting up tents, when someone dawdles. Patience does not mean putting up with everything, but giving others time, just as God gives us time.

💬 **Question:** When do you find it hardest to be patient?

🙏 **Prayer:** *God, you are so patient with me. Help me to be patient with others too. Amen.*



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5 Part 5: Kindness and goodness

Bible: Ephesians 4:32

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” Kindness often costs little: a smile, a thank you, a helping hand. Goodness goes even further: it does good even when nobody is watching.

 **Question:** What kind deed could you do secretly today?

 **Prayer:** *Lord, make my heart kind and good – just as you are with me. Amen.*

6 Part 6: Faithfulness

Bible: Luke 16:10

Jesus says: “Whoever can be trusted with very little can also be trusted with much.” Faithfulness shows in small things: turning up on time for your duty, keeping a promise, standing by a friend. God is faithful – and he trusts us to be faithful too.

 **Question:** Which small promise do you want to keep today?

 **Prayer:** *God, you are faithful. Help me to be faithful in small things. Amen.*

7 Part 7: Gentleness and self-control

Bible: James 1:19

“Everyone should be quick to listen, slow to speak and slow to become angry.” Gentleness is not weakness, but strength under control. Self-control means: I do not let every mood steer me. These fruits do not grow by effort alone, but through God’s Spirit in us.

 **Question:** Which of the fruits should keep growing in you after camp?

 **Prayer:** *Holy Spirit, let your fruit grow in me – a little more every day. Amen.*



For leaders

- Never put young people on the spot: ask open questions, nobody has to answer.
- Let one of the young people read the Bible text aloud.