



The Lord's Prayer – a week with the prayer Jesus taught

THE SERIES AT A GLANCE

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7 days of 8 minutes

Understanding the prayer Jesus taught line by line and praying it afresh

Preparation: 5 min

How to use the series: One devotion a day – ideal for a camp week, a holiday club or seven meetings. At the start, briefly recall the day before.

1 Part 1: Our Father in heaven

Bible: Matthew 6:9

Jesus invites us to call God “Father” – close, familiar, approachable. Anyone who has had difficult experiences with their own father can know: God is different – faithful, patient, someone who listens. And it says “our”, not “my”: we pray as a community, never alone.

Question: What do you associate with the word “father” – and which of it fits God?

Prayer: *Father in heaven, thank you that I can come to you like a child to a good father. Amen.*



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2 Part 2: Hallowed be your name

Bible: Matthew 6:9

God's name stands for God himself. "Hallowed" means: God should be great and special – in what I say and how I live. That includes how we talk about God and whether his name becomes a swear word. Reverence is not fear but wonder.

💬 **Question:** Where could God's name be honoured more in your everyday life?

🙏 **Prayer:** *God, your name is holy. Help me to speak and live so that others see something of your greatness. Amen.*

3 Part 3: Your kingdom come

Bible: Matthew 6:10; Luke 17:20–21

God's kingdom is wherever God reigns: where justice, peace and love grow. Jesus says: "The kingdom of God is in your midst." When we pray "Your kingdom come", we ask for God's good rule to become visible – in the world and in our group. And we get ready to help ourselves.

💬 **Question:** Where would you like to see God's kingdom become visible?

🙏 **Prayer:** *Jesus, let your kingdom come – in our world, in our group and in me. Amen.*

4 Part 4: Your will be done

Bible: Matthew 6:10; Luke 22:41–42

This line is hard. On the night before he died Jesus prays: "Father, if you are willing, take this cup from me; yet not my will, but yours be done." Jesus tells God honestly what he wishes – and still trusts him. "Your will be done" is not giving up but trust.

💬 **Question:** Where do you find it hard to trust God?

🙏 **Prayer:** *Father, I tell you honestly what I wish for. Help me to trust you, even when your way is different. Amen.*



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5 Part 5: Our daily bread

Bible: Matthew 6:11

We ask for bread for today – not for the next ten years. That teaches trust and gratitude for what we have. And again it says “our”: when we ask for bread, we think of everyone who goes without. Whoever prays can also share.

 **Question:** What do you really need today – and what do you have to spare?

 **Prayer:** *God, thank you for everything I have today. Make me ready to share with others. Amen.*

6 Part 6: Forgive us as we forgive

Bible: Matthew 6:12, 14–15

We ask God for forgiveness – and commit ourselves to forgiving others. That is challenging. Forgiving does not mean playing down wrong or putting up with everything. It means handing the other person's guilt over to God. Whoever knows how much they have been forgiven finds it easier to forgive.

 **Question:** Whom would you like to forgive today – or ask for forgiveness?

 **Prayer:** *Father, forgive me my sins. And help me to forgive those who have sinned against me. Amen.*

7 Part 7: Deliver us from evil

Bible: Matthew 6:13; 1 Corinthians 10:13

We pray: “Lead us not into temptation, but deliver us from evil.” Temptations are part of life, but Paul writes: God will not let you be tempted beyond what you can bear. At the end there is praise: “For the kingdom, the power and the glory are yours.” The prayer does not end with our worries but with God's greatness.

 **Question:** What are you taking away from this week with the Lord's Prayer?

 **Prayer:** *God, protect me from evil. For the kingdom, the power and the glory are yours, now and for ever. Amen.*

For leaders

- Never put young people on the spot: ask open questions, nobody has to answer.
- Let one of the young people read the Bible text aloud.