



The armour that does not fit

AT A GLANCE


Bible

1 Samuel 17:38–40


Topic

Being real instead of in disguise


Takeaway

Acting with my own gifts



8 minutes



Object: a jacket that is far too big



Preparation: 5 min



indoors or outdoors



Make it personal: In two sentences, share something you have experienced yourself on the topic "Being real instead of in disguise". Real stories stick best.



How the devotion works

1 min

Opening

Let someone put on the far-too-big jacket and walk a few steps. Ask: How does that feel?

2 min

Bible text

Read 1 Samuel 17:38–40. King Saul gives David his armour. David can hardly walk in it. He takes it off and takes what he knows: his staff, his sling, five stones.

3 min

Thought

We often try to be like others: like the popular ones, the influencers, the older ones. But God has given you your own abilities. David does not win because he disguises himself, but because he fights with what suits him – and trusts God.

2 min

Conversation

What "armour" do you sometimes wear that does not really suit you?



The armour that does not fit



Prayer to read aloud

God, thank you for the gifts you have given me. Help me to be real instead of playing someone else. Amen.



To think further

- What are your "five stones" – abilities that really belong to you?



For leaders

- Never put young people on the spot: ask open questions, nobody has to answer.
- Let one of the young people read the Bible text aloud.
- Encourage them to say the prayer themselves – the written prayer gives confidence.



Section: Well-known Bible stories. You will find matching group meetings and more devotions at scouts-cloud.com.