



Young and brave – young people in the Bible

THE SERIES AT A GLANCE

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| 1 | Part 1 | A girl knows what to do |
| 2 | Part 2 | A king at eight years old |
| 3 | Part 3 | Be an example |

3 meetings of 5 minutes

Discovering that God has big plans for young people

Preparation: 5 min

How to use the series: Use one part in each of three meetings in a row. At the start, briefly recall the previous part.

1 Part 1: A girl knows what to do

Bible: 2 Kings 5:1–4, 9–14

A girl from Israel lives far from home and has to work in the house of the Syrian army commander Naaman. Naaman is seriously ill. The girl could keep quiet – but she bravely says: “In Israel there is a prophet who can help him!” Naaman sets off and is healed. One single brave sentence changes everything.

Question: When have you helped someone with just one sentence?

Prayer: *God, give me courage to speak up when someone needs help – even if I am young. Amen.*



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2 Part 2: A king at eight years old

Bible: 2 Kings 22:1–2 and 23:1–3

Josiah becomes king at eight years old. As a young man he has the temple repaired. While they are working, an old scroll with God's word is found. Josiah reads it to the whole people and promises to live by God's commandments. The Bible says: he did what pleased God and did not turn away from it.

 **Question:** What have you discovered in the Bible that matters to you?

 **Prayer:** *God, thank you for your word. Help me to read it and to live by it. Amen.*

3 Part 3: Be an example

Bible: 1 Timothy 4:12

Timothy is still young when he is given responsibility in a church. Some people do not take him seriously. Paul writes to him: "Don't let anyone look down on you because you are young, but set an example in speech, in conduct, in love, in faith and in purity." You do not have to wait until you are grown up to be an example for others.

 **Question:** Who could you be an example for?

 **Prayer:** *Lord Jesus, I am not too young for you. Help me to be a good example in what I say and do. Amen.*

For leaders

- Let a child read the prayer aloud – it builds confidence.
- Two or three answers to the question are enough. Nobody has to say anything.